

**NATIONAL INSTITUTE FOR SUSTAINABLE DEVELOPMENT**



**सर्वांसाठी शिक्षण**



**शिक्षण नाही तर विकासही नाही.**

**ANNUAL REPORT**

**APRIL 2016 To MARCH 2017**

# NISD's TRUSTEES

## Name & Designation

## Qualification

## Occupation

## Address



Mr. Prakash  
Palande

MA,(Economics)  
MSW, LLB

Social Work

Survey No. 21/1,  
Sainikwadi,  
Wadgaonsheri,  
PUNE- 411 014.



Dr.  
Chandrashekhar  
D. Divekar  
Secretary

M.B.B.S.,  
D.O.M.S.

Eye Surgeon

"Aditya Eye Hospital",  
New Nagar Road,  
SANGAMNER- 422 605,



Mr. Popat V. Adik  
Treasurer

M.B.B.S.,  
M.S.  
(Ophthalmology)

Eye Surgeon

"Shreedhar Eye  
Hospital", Canal  
Road,  
SHRIRAMPUR,



Ms. Gauri S.  
Gokhale  
Trustee

B.Com.,  
M.S.W.

Social Work

"Advait" Abhinav Nagar  
SANGAMNER- 422 605,



Mrs. Alka A.  
Gharat  
Trustee

S.S.C.,  
Trainer-  
Income  
Generation.

Expert in  
Vocational  
Training.

C/505,Sahyadari  
CHS,Sadguru  
Nagra, Devipada,  
Borivali(E),



Dr. Kishor P.  
Badhe  
Trustee

M.B.B.S., M.S.  
(Ophthalmology)

Eye  
Surgeon

"Shreedhar Eye  
Hospital", Canal  
Road,  
SHRIRAMPUR



Mr. Bhausaheb  
M. Mandlik  
Trustee

B.Com,  
M.S.W. LLB.

Service

70/5 Sangamner Kd.  
Tal. Sangamner



## FOREWORD FROM THE DIRECTOR

**W**elcome to the Annual Report 2016-17

The journey of NISD started in 1992 to bring sustainable changes in the lives of the deprived and marginalized communities who lacked access to healthcare, adequate income, education and basic services that will help them live a meaningful life.

It is a happy moment to look back in the year, 2016-2017, and capture the wonderful developmental activities that we implemented along with the deprived beedi rolling communities, the dam affected house-holds particularly the women, children, youth, government health and education providers etc.

oURs Education Programme with 56 failed ZP schools is producing good results and almost 50% of them are now in Grade A. The encouraging aspect is the active involvement of teachers, SMC members, and local people and the way they feel that the school is their own. They provide every possible support so that the children get quality education. NISD's effort was appreciated by the locals and now we could see a healthy competition among schools and communities to bring their schools in Grade A.

Our Health Programme was remarkable in terms of improving the Health of 0-5 age group children. We were able to address critical issues of child care, mal-nutrition, lack of environmental hygiene and sanitation through

mult-dimensional actions. These cumulatively resulted in reduction of mal /under nourished children and improving health of hundreds of children and adults.

Providing employability skills to rural youth who have less education is a big challenge. NISD identified work opportunities, in the local area, and designed short term courses accordingly.

NISD strongly believes that meaningful involvement of the focus communities is most important while implementing various programs and activities. Hundreds of our SHGs, youth groups, child clubs, school health volunteers play an important role in this development process.

We realise that there is still the need to focus more on girls education so that they will keep continuing their education further. We are approaching our partner agencies and hopefully we will start some program on that line in the next year.

On behalf of our Trustees, staff and our project communities, I sincerely thank our Institutional donors ChildFund International and Karuna Trust; Mr. N.H. Mahtani who continue supporting us graciously, generously and consistently. I also thank each of the number of our individual donors; well-wishers; Education Department, Teachers, other NGOs, experts, trainers and our project communities who continuously support and help us to strengthen and expand this work.



# ABOUT US



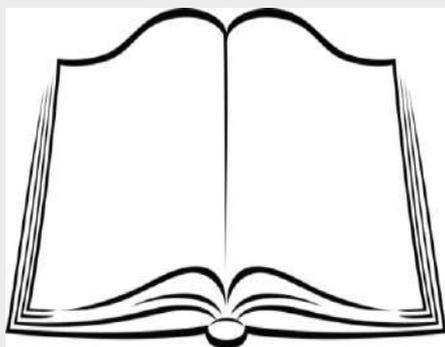
**N**ATIONAL INSTITUTE FOR SUSTAINABLE DEVELOPMENT (acronym NISD) is a registered, nonprofit, secular, voluntary organization striving to empower resource poor, vulnerable communities to attain sustainable social and economic development.

**W**e envision a world where inequality based on class, gender and religion is absent and no person will get exploited by any one. We want a world where basic needs become basic rights and where poverty and all forms of exploitation are eliminated. Each person will have the opportunity to develop her or his full potential and creativity, which will lead him/her towards sustainable development.

**W**e are on a mission To create awareness among the poor and deprived community, giving them opportunities according to their abilities, to upgrade their educational, social, health and financial status, in an atmosphere of non-violence and non-discrimination and bring sustainable development”.

**W**e primarily work in the remote and vulnerable areas where women are engaged in disproportionately large numbers in the hazardous occupation of bidi rolling in Sangamner taluka of Ahmednagar district and with tribal communities displaced by a dam project in Junnar taluka of Pune district.

# OUR PROGRAMMES



**EDUCATION**



**HEALTH**



**LIVELIHOOD**

**A**wareness Creation. Community Engagement. Government Partnership. These 3 dictums serve as the fountain of sustainability for our core programme: Education, Health, and Livelihood.

**A**ll our programmes aim to engage people who want to make a better life for themselves and empower them with skills and motivation to achieve their fullest potential. Together our programmes touch every aspect of life to be successful as individuals and as family.

**G**ender disparity is a stark reality of our society. We therefore accord highest priority to promote gender equality and ensure that each of our core programme activity is implemented with a gender perspective and gender sensitively.

# EDUCATION PROGRAM

**O**ur education program seeks to improve the lives and futures of children and adults by disrupting the intergenerational cycle of poverty.

**T**o accomplish this our programs focus not only on the social, emotional and cognitive

development of children, but also on the overall well-being of parents, families and adults.

**W**e strive to ensure not only that the enrollment in neighbourhood government schools touches the hundred percent mark but

## PROGRAMME OUTREACH



58

PROJECT COMMUNITIES



1132

SMC MEMBERS



74

SCHOOLS



613

PARENT TEACHERS ASSOCIATION



6999

CHILDREN



600

COMMUNITY BASED ORGANIZATIONS



# PROGRAMME ACTIVITIES

**O**ur education activities seek to improve the lives and futures of children and adults by disrupting the inter-generational cycle of poverty.

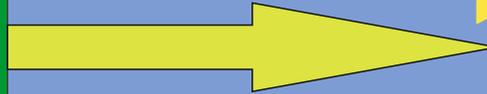
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**W**e strive to ensure not only that the enrollment in neighbourhood government schools touches the hundred percent mark but also that the education process is joyful for the children and releases their creative potentials to the fullest.

# TARGETS

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ENROLLMENT AND  
RETENTION



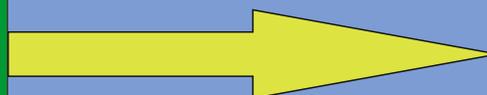
100%

CHILDREN WITH  
IMPROVED GRADES



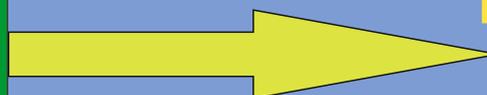
85%

SCHOOLS MOVING UP TO  
GRADE "A"



60%

CHILDREN WITH  
IMPROVED SOCIAL  
SKILLS, CREATIVITY AND  
PERSONALITY



75%

# ACTIVITIES



**School Enrollment**

**V**aried events like meetings, rallies, cultural programmes, games, posters, exhibitions show casing changes in school going children, letters, appeals etc.were organized making enrollment a social movement.

## PARTICIPATION

**3104** MEN

**3270** WOMEN

It enabled to build an extremely favourable environment for enrollment.



**Welcoming First Timers to School**

**D**isassociation from home and coming to school is a traumatic experience for most kids going to school for the first time. Relieving this trauma is utmost important from the point of school retention. This is done by creating a warm, enlivened and joyful school environment.

## PARTICIPATION

**369** BOYS

**360** GIRLS.

The heartening welcome and gifts which enabled to rapidly settle the first timer kids in school.



**Distribution of Education Material To Poor Children.**

**T**here is undisputable link between poverty, school enrollment and school retention.

## PARTICIPATION

**268** BOYS

**329** GIRLS

They were provided with educational material such as text books, notebooks, uniforms printed with attractive messages and images.



## Special Learning Centres

Children with special needs or in adverse circumstances needing special care for improving their learning capability are provided a nurturing and caring educational environment with therapeutic support to address children's cognitive needs and to help children and their families reach their full potential.

## PARTICIPATION

287 BOYS

266 GIRLS

Enrolled and benefitted from the learning centres.



## Teachers Training & Exposure

Teachers play the most crucial role in the education system and shaping the children's future. We therefore focus consistently on teachers capacity building in which they are exposed to the important thoughts, developments and practices in teaching and learning.

## PARTICIPATION

131 TEACHERS



## Digital Technology In School

Computer aided education initiated in the previous year has impacted learning in a favourable manner.

## PARTICIPATION

3672 CHILDREN



## Children's Parliament

Children's parliament is a children's group formed to develop understanding of democratic leadership develop social skills, creativity and enable them to participate effectively in the school management through its various ministries mimicking the national parliament. Several activities viz.

meetings, training, educational tours, theatre, art, craft, national day celebrations etc. were organized with the children's parliaments which benefitted over

## PARTICIPATION

5015 CHILDREN.

# EDUCATION OUTCOME

100%

ENROLMENT  
AND  
RETENTION

60%

SCHOOLS WITH  
IMPROVED  
GRADE

85%

CHILDREN WITH  
IMPROVED  
GRADE

70%

CHILDREN WITH  
IMPROVED  
SOCIAL SKILLS

50%

SCHOOLS WITH  
ISO  
CERTIFICATION

2295486

COMMUNITY  
CONTRIBUTION  
TO SCHOOL IN  
RUPEES

## TESTIMONIES



*“Now I too have 2 new uniforms, bag and books. Now I am not ashamed to go to school”.*

Khushali Rupwate Std V



*“My parents could not afford my education expenses. NISD helped to reduce our financial burden. Now it is possible for me to go to school”.*

Kahal Sathlia Std IV



*“ Now school children spend most of their time in school and do not want to go home. Even holiday time also they come in the school and enjoy playing here. ”  
. Even I spend most of my time in the school now”.*

RamkarSir, Head Master



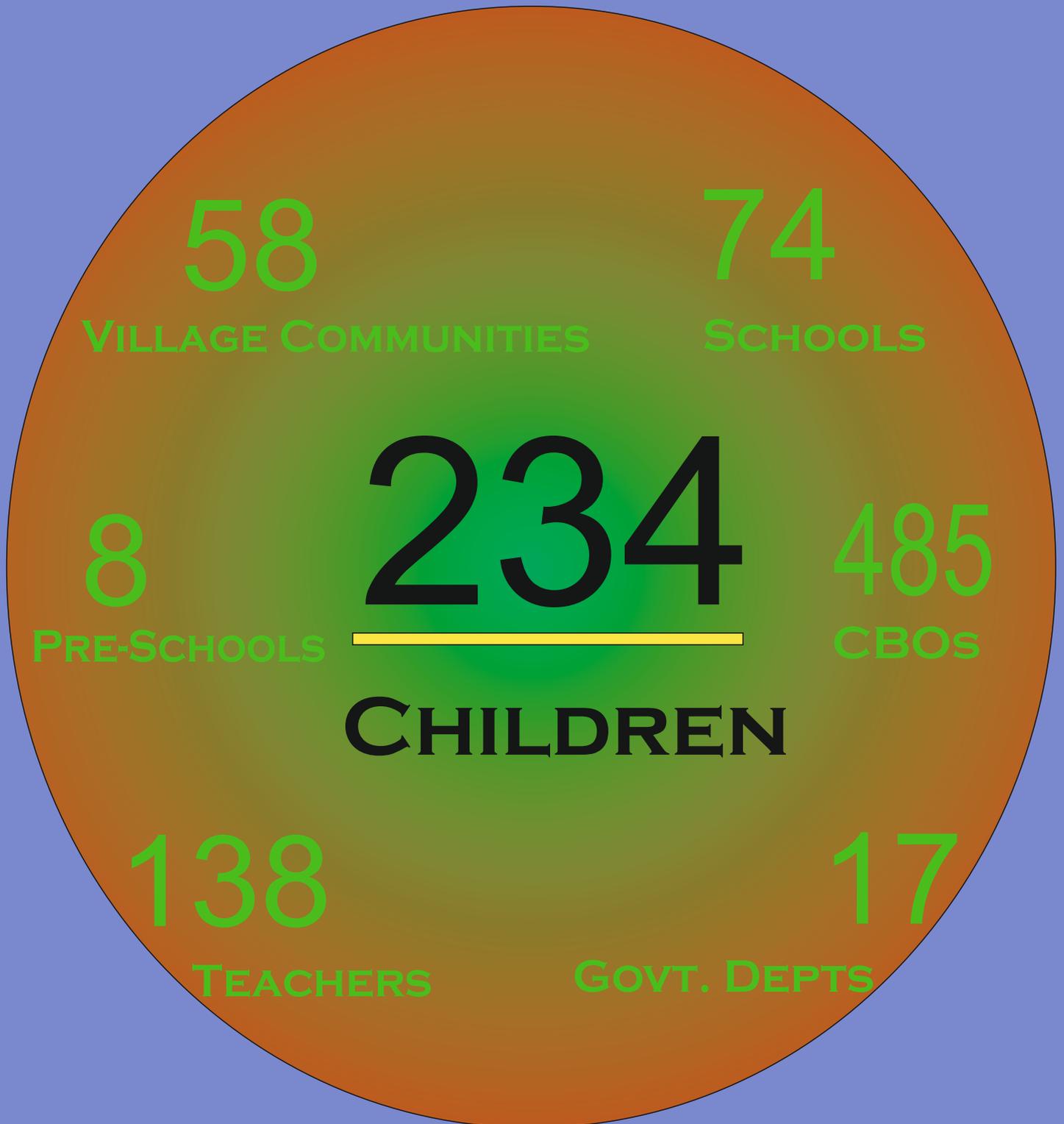
# HEALTH PROGRAMME

There is a strong link between children's poor health condition and educational performance. Lack of access to quality food coupled with low health knowledge levels contribute to undesirable health condition.

Our key constituency is at-risk pregnant women, parents / care givers and their children (prenatal to six years) who are impacted by poverty. Besides running our own pre-school centres we work very closely and intensively with the government anganwadi (pre-school centres).

Through our diverse activities with parents, anganwadi staff and government departments we seek to provide education and support to help children reach their full potential by supporting families in building strong and stable foundations for their child's development.

# PROGRAMME OUTREACH



# PROGRAMME ACTIVITIES

## Care Givers Education



Specific need based curriculum was designed by us to build nurturing parenting skills as an alternative to negative and neglectful parenting practices. In this pursuit, parents also learn about themselves, examine the impact of their family histories and how their parenting will impact their children.

**PARTICIPATION**  
**716**  
**FAMILIES**

## Nutrition Awareness



This activity was organized jointly with government's ICDS department and is focused on nutritional needs of pregnant and lactating mothers and its preparation from locally available food raw material. Best diet food competition was organised during the program to highlight the learning.

**PARTICIPATION**  
**697**  
**PARENTS**

## Health Check-up Camps And Treatment



Health checkup camps were organized for children in which the mal-nourished children were identified and treated. Supplementary nutrition in the form of spirulina candies and pro-vita powder was provided to the affected children.

**PARTICIPATION**  
**188**  
**CHILDREN**

## Pre-school Centres



We are running 5 pre-school centres for children of the most vulnerable families to enable them to reach their full potential. Besides providing nutrition therapeutic play groups are formed in which children play, learn and grow.

**PARTICIPATION**  
**159**  
**CHILDREN.**

## Training Of Govt. Pre-school Centre Teachers



Government pre-school centre teachers were refreshed with children's psychology and taught participatory methodologies of engagement with children. Educational tour was also organized to model pre-school centres to enhance practical application.

PARTICIPATION

207

PRE-SCHOOL  
CENTRE STAFF

## Community Hygiene Awareness And Construction Of Toilets



We supported construction of household toilets. Progress of its construction and usage was consistently reviewed with the benefitting households, community leaders and village governing councils. 195 families are benefitting from this activity. We also collaborated with the local government department to create awareness about using toilets and enabled them construct 172 toilets.

PARTICIPATION

339

TOILETS  
CONSTRUCTED

## School Health Volunteers Trainings



School health volunteers training focused the themes of personal and environmental and reduction of communicable diseases. Participatory methodology including songs, theatre, exhibition etc was used for communication and presentation.

PARTICIPATION

2583

CHILDREN

# HEALTH OUTCOME

255

CHILDREN BEING SUCCESSFULLY TREATED FOR MALNOURISHMENT

26

ANGANWADIES GRADUATED TO GRADE 'A'

18

ANGANWADIES EXCEL IN MAINTAINING ENVIROMENTAL HYGIENE.



*Because of Care Giver program I got knowledge about how to take care of children and now my both children are Healthily and happy “*

*Suvarna Gaikwad*



*“Now I and my daughter in law can use toilet at any time and stop hearing other people's bad words and cheap remarks”*

*Hirabai Shirsath*



*“We have given up our preference for male child. We are now happy with both our daughters”*

*Trishallya Zodape.*

# LIVELIHOOD PROGRAMME



There is undeniable link between poverty, poor health and poor educational outcome.

Poverty also affects women disproportionately. Skilling women and development of micro-enterprises controlled by women and their SHGs is focus of our poverty reduction initiative.

# OUTREACH

120

WOMEN'S SHGS

2049

MEMBERS

445

YOUTH GROUP MEMBERS



# ACTIVITIES

## Capacity Building Of Women's Shgs

Based on the felt need of the SHGs, the training was focused on generic needs of record keeping, awareness of potential micro-enterprises and establishing bank linkages. SHG level training were conducted in which **793** women from **83** SHGs participated.

## Awareness Creation On Potential Micro-enterprises

The SHG level training were followed up with awareness creation of potential micro-enterprises. **181** women participated in these training.

## Income Generation Training And Educational Tour

Based on the interest and aptitude specific vocational skills development training **13** specific enterprises were identified and both class room training as well as educational tour were organized. Some male youth were also included in these training.

## Linking Women's Start Up Micro-enterprises With Bank

Potential SHGs and women were identified and several meetings were organized between them and HDFC bank officials for exploring financial possibilities. **48** women benefitted with loan through this effort.

## Mentoring Of New Start Up Micro-enterprises

While a total of **105** women and men got employable skills some obtained employment while others started their own enterprises. The startup enterprises are being mentored by us to ensure their success.

## Career Guidance For Youth On Skill Development And Higher Education

We organized two training on career guidance with the help of external speakers. The speakers gave information about different fields, MPSC, UPSC exams., how to prepare for that, different courses and opportunities youth have in the present situation and motivate youth to plan for their future.

## Land Levelling And Agricultural Development

This year also we helped around **55** farmers to level their lands out of which 22 families are sponsor families

# LIVELIHOOD OUTCOME

INCREASED ACCESS AND CREDIBILITY WITH BANK: 48 WOMEN RECEIVE LOAN WORTH 668000.

15 WOMEN STARTED NEW MICRO-ENTERPRISES

105 YOUTH GAINED EMPLOYABLE SKILLS. 35 GAINFULLYEMPLOYED

## TESTIMONIES



“Now i am self employed and contributing well for my family”

Shoba Kashid.



“ I am trained electrician and not wage labourer now. I can very well look after my family as my income is four time more than before”

Bhausahab Sanap



“ This work not only increase my income but it gave me happiness and high level satisfaction.”.

Sagar Charude



# CONCLUSION

**2**016-17 was an important year for NISD, as we are completing 25 years of selfless commitment. Due to our honest effort, transparency and result oriented strategy we were able to reach at this stage and year by year providing more and more benefits to thousands of down trodden people of our society. In the year 2016-17 we expanded our activities to additional 20 villages, that comes under drought prone area of Sangamner taluka of Ahmednagar district,

**W**e implemented number of programs that include working with 20 failed schools, supporting and organising multiple activities for teachers, children, strengthening and involving SMCs and making them responsive in developing their village schools, school sanitation, child development activities, organising and capacitating rural women, efforts to improve Government pre-school centres, nutritional awareness and reducing malnutrition among young children, and so many other activities.

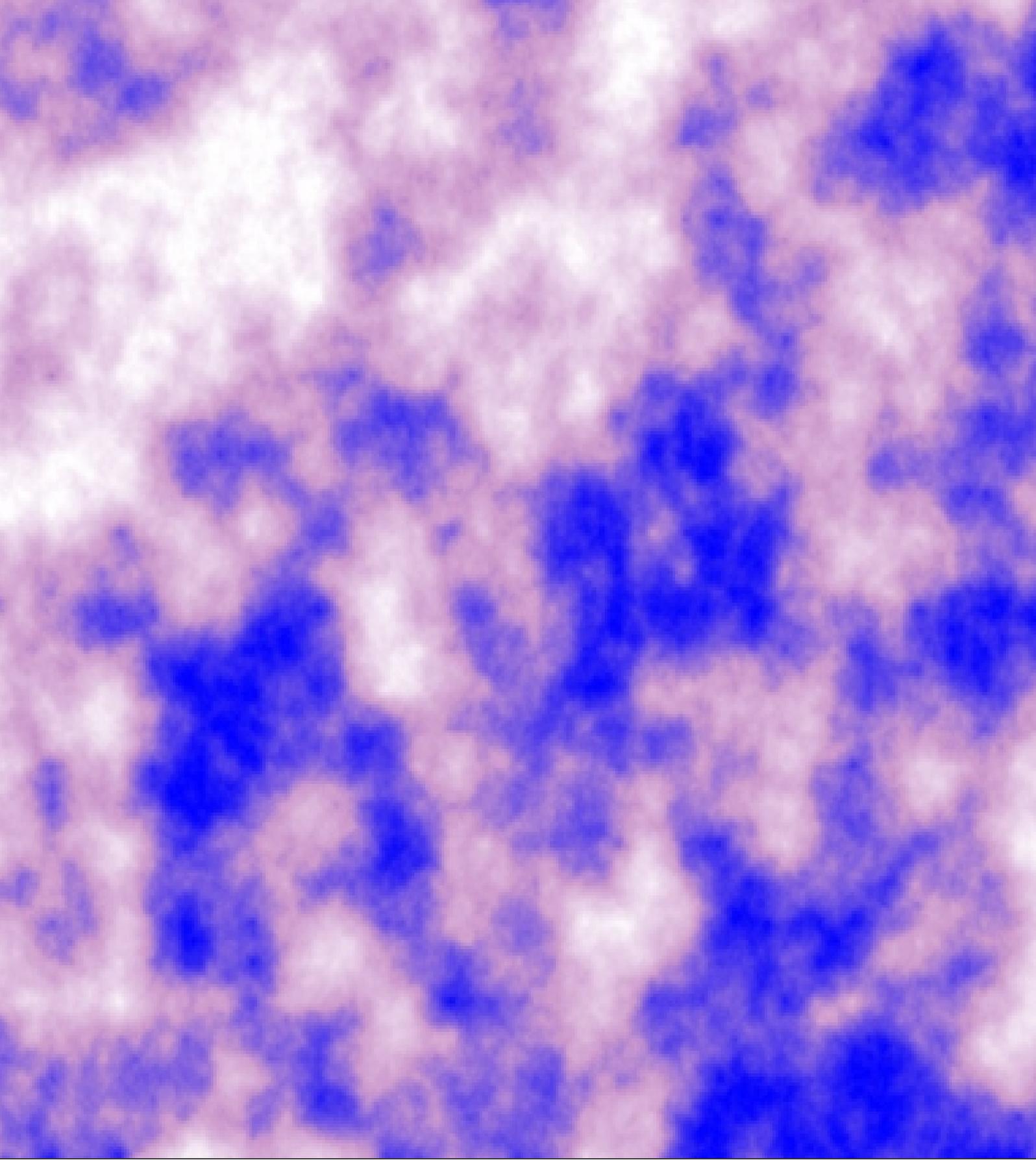
**O**ur contribution to school development and uplifting people are very well appreciated by the teachers, education department and other stake-holders. In Junnar tahsil of Pune district, the sponsorship program helped

thousands of tribal children and their families. .

**N**ISD created health, hygiene and sanitation awareness, both among children and families, supported poor children, supported girls with bicycles to ease reaching to schools, helped tribal families in making their lands productive, capacitated tribal youth by providing employable skills and so on.

**O**ur journey over the last 25 years has been long and arduous, with the path full of barriers and challenges. However, we have continued to expand in the hopes that we can bring sustainable changes in the lives of the deprived communities and create a world of equal opportunities for them.

**W**e thank our committed volunteers, well-wishers, sponsors and donors who have helped us along this journey. We could never have come this far without their support. We hope that a more equal future lies ahead and we will continue our work until this mission is achieved.



*OFFICE: Survey No. 21/1, Sainikwadi, Wadgaonsheri, PUNE- 411 014.*