

# **NATIONAL INSTITUTE FOR SUSTAINABLE DEVELOPMENT**

## **ANNUAL REPORT 2013-14**



**N.I.S.D.** is a registered, non-profit, secular, voluntary organization working for rural development. Established in 1992, N.I.S.D. is working for the upliftment of rural poor masses, especially the Bidi Workers and the displaced persons due to irrigation projects. Presently NISD's project activities are concentrated in the rural areas of Ahmednagar and Pune districts.

### **NISD's VISION:**

*"We want a world, which is in equality based on class, gender, caste and religion is absent and where no person will get exploited by any one. We want a world where basic needs become basic rights and where poverty and all forms of exploitation are eliminated. Each person will have the opportunity to develop his/ her full potential and creativity, which will lead him/her towards sustainable development."*

### **NISD's OBJECTIVES:**

- to undertake research on various problems related to the weaker sections of the society.
- create nutritional, health and family planning awareness among the women and provide supplementary nutrition and health services to them.

- to undertake rehabilitative services for handicapped/ differently able persons.
- to help the poor families acquire specific skills to start their own income generating units and to provide them necessary support to run these business successfully.
- to provide financial and any other kind of help to deserving and needy children, women, elderly and all those who are in distress.

## **ACTIVITIES IMPLEMENTED FOR BIDDY ROLLERS & DAM DISPLACED FAMILIES:**

When we look back in the year 2013-2014 we are happy to state that during the year NISD continued the good work and made significant progress in carrying on the existing programs and taking up new programs for the additional deserving population. The biggest achievement of this year is NISD succeeded to implement first year activities of Karuna-DFID project. This not only helped us to expand our activities in new 18 villages but in establishing very good rapport with the villagers and other stakeholders. We did very good beginning in these villages and implemented programs like, child care, Right to Education, Hygiene and sanitation, women's empowerment and skill development for the youth. This project will be for next one years and NISD. In the independent mid term evaluation done by the Karuna-DFID very encouraging results and impact of this project noticed. The evaluator expressed satisfaction of what NISD has been done so far and very much impressed by the hard work done by our team. Most of the educational activities will be carried out with close coordination with the education department. Thirty five schools have been identified for infrastructure as well as quality improvement with the help of School Management Committees and local people.

In the Pimpalgaon area, with our other partner ChildFund we now concentrating more on development of children of dam displaced families. This area is on the border of three district, remote and therefore neglected. As rainfall is very high in this area communication is a big problem, most of the people are tribals. Problems like health and hygiene, sanitation, clean drinking water, lack of health services, less opportunities of education, employment, these are major issues. As the fertile lands went under water, people force to work on other field as wage labourers.

The biggest work done this year that NISD constructed Child Resource Centre for conducting various activities for children, youth, women, teachers, PTA and VEC Members and other stakeholders. This centre was named Dryan Kitchener "Adarsha" Child Resource Centre. Dryan ( Adarsha) was ex-Program Manager of Karuna who died while return

During the year 2011-12 NISD conducted following activities to bring positive changes in the lives of women, children, dam affected families, wage labors and other deserving people.

## **WORK DONE IN SANGAMNER AREA:**

**1. Increased Enrolment of school age children:** In the school enrolment drive , awareness about education created among 8960 people through rallies, exhibitions, street plays, slogans, posters, wall painting etc. It created good atmosphere in all the villages and people are encouraged to enroll their children in schools.

First day in school program organized in 35 villages and made children's first day in school memorable by distributing them caps, masks, balloons, sweets, drawing books, educational material etc. Special efforts are taken to involve local people, SMC members and people from educational department.

2. Upto last reporting period total 1217 children ( 620boys and 597 girls enrolled in the school this year. However to retain these children in the school, create their interest in the school and to observe their progress is also important. For that NISD staff keep close contacts with the schools, teachers , enrolled children and also with their family members. This helped us to see whether these children are adjusting them properly in the school environment. NISD staff encourage the children to attend school regularly, inquiring about their progress in studies, their problems etc. Efforts are also made to solve problem of these children by taking measures like counselling, meetings with the parents/teachers, support of educational material, organising different programmes for entertainment and involve children in it, creating awareness among local people to improve school quality etc.

Children are encouraged to express their feelings about schools, what they expect about their schools, and to create interest among schooling etc. efforts are taken to organise different programs ( drawings, essay writing etc) for different age group children. To understand children's expectations about school a drawing and essay competition organised and children showed what they expect in their school. Similarly competitions are organised on hygienic habits etc. Total 3898 ( boys 2095 and girls 1803) students took part in these competitions 166 children ( boys 74 girls 92) got prizes.

Children's Day Program was organised in 29 pre-school centres . Different games, competitions, organised. 4 winners from each pre-school are selected and thus total 116 children received prizes in this program. This helped in confidence building among young children, give exposure to them and create greater awareness among local people about importance of pre-school education.

## School Enrolment Drive



Rallies for awareness



Exhibition



street play



First Day in School

## 2. Higher Completion Rate at Primary Level:

- Educational material is distributed to 1217 poor children ( 620 Boys, 597 girls) Which includes, school bags, uniforms, notebooks, compass box, colour boxes etc.
- Information of school gradation, done by Govt., was collected. According to Govt. gradation no school is in Grade A. 2 schools are in B grade and remaining all 33 school are shown in grade C. NISD is also doing gradation of each school to know whether this gradation is done correctly or not.
- NISD collected information from the school principals, on the requirements of school teachers what sort of training they need to improve teaching quality. Most of the teacher requested that they are lacking in English teaching so they need training on “how to teach English subject in the school”. So NISD organised a training, for teachers, and with the help of an external experts, information was given on how to teach English in a simple way. Similarly, to keep children mentally and physically fit and attentive in the schools, yoga training is also organised for the teachers so that they can encourage/teach children about yogic asans. Total 568 teachers.
- Two trainings organised for members of VEC/PTA/ Local Leaders. Information was shared with them about schools of their area, how they can improve these schools by taking various steps, problems faced by members etc. Experts not only gave them information about their role and responsibilities but also answered their queries/problems and encouraged them how they can play an important role in improving quality of village schools so that the village children will get quality education. Total 2266 members participated in these trainings SMC 1017, PTA members 735 and 514 local leaders took part in these trainings,
- For the 669 children ( boys 343 and girls 326), who were poor in studies, were enrolled in RIP I classes and 14 week course completed with them. In Nov. 2013 their progress is measured and after analysing their progress children 624 ( boys 335 and girls 289 ) selected for RIP II and the classes have been started. 44 children from RIP I ( 23 boys and 21 girls) who found less than 60% marks repeated again for RIP I classes.

- A training was organised for RIP teachers to enhance their teaching quality in the RIP classes.
- The activity of Mobile Library is restructured and efforts are taken to take mobile library van in maximum schools. Arrangements are also made at local level to give and accept books, with the help of Education Ministers of the Child Parliaments organised by NISD.



Educational material to poor children



Reading improvement class for slow learners



Competitions in the school



Mobile Library for children

**3. To improve health and positive hygienic practices,** NISD organised variety of activities to create awareness among poor families of this area.

- 842 children of 793 families ( 454 girls and 388 boys) of 0-3 age group are provided support, through care giver education program, which helps in improving their health and overall development, by positive practices adopted by their parents. 763 families, out of 793, found adopting positive child care practices. Information was given to the mothers on how to make low cost material that help in positive growth of their children.
- A meeting was organised in which information was given to the teachers how to increase participation of males in Care Giver Education program.
- Health check -up of 943 Children , of 29 pre-school centres ( of 25 villages ) was done ( Boys 512 and girls 431). Medicine was given to 367 children and 10 children ( boys 6 and girls 4 ) referred to further treatment from specialist doctors. Follow up of these

cases was also done and information on preventive measures was given to the parents of these children.

- Health and other data of 1023 Children ( boys 532 and girls 491 ) who are in pre-school, are filled in the machine. This will help to know growth of these children easily and regularly. Gradation of these children was done in which 987 children are in grade I, 130 in grade II, 42 in III grade and 1 child in grade IV.
- 12 undernourished children of village Karule identified and their parents are made aware about the condition of these children, causes, preventive measures and possible treatment to overcome malnutrition problems. For fourteen days, nutritious food provided to these children, with the close involvement of parents, local leaders and volunteers. Information on child care, supplementary nutrition, preparation of nutritious diet, hygienic habits etc. given to these parents and other people. On 7<sup>th</sup> and 14<sup>th</sup> day again the progress of these children measured and shared with the parents and local people. This helped to create awareness about malnutrition. Due to this program, out of these 12 children, it is found that 9 children's weight improved and 3 children has other problems so recommended for specialised treatment.
- A special camp organised for 45 mal/under nourished children. A Child Specialist was hired who checked these children and provided required medicines and supplementary nutrition to these children. He also made aware their parents about how to take care of these children. 5 children are referred for further treatment.
- Created awareness among pregnant mothers/ lactating mothers/ anganwadi workers and other stake holders of 25 villages. Information was given to them on how to prepare nutritious food, from the locally available food items and demonstration also done to give more knowledge to the participants. A competition on preparing best nutritious food was organised in the project area. 798 women took part in this competition and 75 women got prizes from this program.
- Under School Health Volunteer Program 6 lessons are conducted in all the 35 schools during this quarter.
- A training was organised for School Health Volunteers in which 45 Health Volunteers were present in this training.
- 1011 families motivated and encouraged to construct their individual toilet block



Care Giver Training



Toilet construction

#### 4. Improved Livelihoods within the community through youth skill development and women's self-help groups:

- During this year skill development courses are organised and total 281 youth ( male 146, female 135) got benefit out of that. and 57 male and 32 female ( total 89) youth are gained employable skills out of that. These courses are Hospital Assistant, Microm, Driving and Snacks making etc. .
- Efforts are taken to link the trainees with Govt. schemes. 21 Tailoring applications are filled and sent to Block Development Officer for getting sewing machines. Under Govt. schemes.
- The youth who completed Electrician Course are linked with the 2 Electrical contractors and 11 youth are started working under them.
- Hospitals of Sangamner town approached and 2 youth, who completed Hospital Assistant course, got employment there.
- Efforts are on to link SHGs with the nationalised banks and it is expected that few women may get loan to start their own income generating activities.
- 3 Meetings of SHG federation members organised in which 70 group leaders were present and share information on Bank linkages, gradation, loan systems etc. A visit to the SHG Fair/gathering at Pune is planned to learn different material prepared by other SHG groups. This may help these group member to start similar business in their groups to increase their income level.
- Total 10 new SHs organized now total number of shgs are 86. members of these groups are oriented and guided about importance, procedure etc. of SHG movement.
- Seven training programs organised for the SHG leaders in which officers from local banks were invited who guided them about the bank requirement and how SHG should move forward so that they will get loans from them. Total 574 women were present in this training. An exposure visit of 52 leaders organized to SHG product fair to Pune.
- During this period 680 women took loan from their SHGs/ federation out of that 426 took loan for non-productive purpose. 254 women took loan for income generation activity such as goat/dairy (115). Shops (19), tailoring (40) and other (69). These women's business are fetching some income for their families. 6 women group received loan from the nationalize banks.



Tailoring Training



Electrician course

# **WORK DONE IN PIMPALGAON JOGE DAM AFFECTED AREA:**

## **Life Stage 1 - Healthy and Secure Infants**

During this period we build capacity of the ICDS anganwadi workers of this area in which 47 anganwadi workers are trained, with specialized faculty, in appropriate nutrition. Not only that through our care giver program we conducted a series of sessions, home visits, demonstration program, for the care givers. 368 pregnant women and their family meetings and upgrade their knowledge about care during pregnancy, immunization, diet, etc. 97 Husbands of these pregnant women are sensitized regarding importance of Iron Folic Acid, Multi Vitamin and nutritive diet etc.

The care givers and participants were trained about the reason of anemia, quality of food cooked in home, importance of vaccination and 3 ANC checkups, balanced diet, use of leafy vegetables & homemade food containing grams & grains which would help in a child's nutrition, exclusive breast feeding/ colostrums feeding. We organized 55 nutrition demonstration programs to aware local people about preparing nutritious food by making use of local food grains etc.

Every month 15 ECD worker attended Regular monthly sessions according to communication strategy for field care giver session. As this is a remote area it is very difficult to get good staff. So we trained our village ECD worker about Positive child care practices, 20 sessions of care giver education program, how to motivate the caregivers to adopt positive child care practices etc.

NISD also did regular growth monitoring of 988 children and shared the progress with parents and care give. The mothers/care givers of under weight children were informed about the necessary steps to be taken to improve health of the children through balanced diet, use of leafy vegetables & homemade food containing grams & grains which would help in a child's nutrition, exclusive breast feeding/ colostrums feeding for child etc..

NISD distributed seeds to 200 families and motivated them to develop kitchen gardens. Out of that 67 kitchen garden grow properly by making good use of waste water. This also helped in beautifying the surroundings and reducing the mosquitoes problems.

Health check up of crèche children was done in which 560 children were screened and medicine provided to needy children. 50 children are provided supplementary nutrition (Proto-vita) and 365 children sperolina candies that help in improving their weight. Through crèche program supplementay nutrition provided to 560 children on regular basis.

2 Special health checkup camp were organized for Grade I ,II,III Malnourished children. From 113 malnourished children 107 children's benefitted by Special health checkup camp for Grade I,II,III Malnourished children. Critical cases refered to town hospital for advanced treatment.



Developed good rapport with the ICDS department, health centers and participated and helped them in organizing programs/services for the children/mothers of project area.



Anganwadi Training



Care Giver Program



Health check up

## Life Stage 2 – Educated and Confident Children



Reading Improvement Class

NISD developed good material for creating awareness about education and RTE. To enroll 6 year age children in the school created awareness among local people by organizing various programs in villages such as rallies, home visits, street plays, exhibitions, etc.

To build capacity of school teachers we organized trainings on joyful learning, information of RTE, how to prepare low cost material, child psychology etc. 123 teachers of 14 schools participated and took benefit of these trainings and 1240 school children getting benefit due to that. .

As this area is very poor children find it difficult to get required educational material and this bring inferiority complex in them. NISD distributed educational material to 953 school children. This will help in improving their school attendance. As these tribal schools do not have sufficient sport material, children not get entertainment and they find school education boring. NISD distributed sports material to 14 schools of this area.

Due to lack of pre-primary education children's base is weak and they are not able to match their educational progress with other children. This always help in school drop out. NISD identified such slow learns and started Reading Improvement Classes in 4 schools. 52 slow learners took benefit ( 29 M, 23 23 F) of these classes and improved their skills.

12 School participated in the School Health Volunteer Program and 943 School children were participated in the program. Due to continuous effort children learnt about positive hygienic practices. This will definitely health waterborne diseases among the children and in improving school environment clean and neat

Though Right to Education passed but it is very difficult to change the schools as per norms of the Act immediately. The role of SMC committees are important but they are not activated properly. NISD taking effort to strengthen these SMCs by organizing number of trainings. %5 SMC members of five schools attended this training and informed about their role, responsibilities how they can contribute in school development etc. Along with that 132 members of 12 SHGs also participated and educated about RTE and how they can play their role in proving quality education to the village children.

NISD organized number of program in the schools, in the villages, for the children. Such as gender discrimination, value education, child right etc. program in which 1027 children were present, organized child parliament in which 345 children are members. This help in confidence building and educating children about democratic values, leadership qualities etc. Exposure visits organized for these children such as bank, police stations, panchayat office to aware them about these institutions and offices.



**Joyful education training to teachers**



**School Management Committee training**



**Capacity Building of Balapanchayat**



**Decoration of school**

## Life Stage 3 – Skilled and Involved Youth

NISD organized Skill development training to 200 youth that includes tailoring (90 female), purse making (50 female) school bag making (40), driving ( 20 male) etc. This help them skills to start their own business or getting jobs. NISD also organized trainings in which information was given about different schemes, courses etc. 125 youth attended these training.

NISD formed 4 Youth Resource Centers in which 250 youth coming and sharing their problems, discuss with each other, get information about various things. Play material is provided to YRC so that youth can use their time meaningfully. Books, computer, etc. is provided so that youth can learn and update their knowledge. Youth are motivated to organise/celebrate different National Days and festivals.

Programs are organised to guide youth about various career alternates in which 100 youth took benefit. Information is also given to 150 youth about different trends in market, business opportunities, decision making, team work, group work, how to lead the group, management of group etc.

Special coaching and guidance provided to children of 10<sup>th</sup> and 12<sup>th</sup> std. in which 409 children got knowledge about how to prepare for exams, how to study, how to write papers. This helped in reducing their fear about the exam.

3 Capacity Building programs organised for SHG members in which 400 women were present. Guidance is provided them about running the group successfully, income generation and capacity building of their group members.



Income generation training program



Tailoring Training



Preparation of 10th exam.

NISD thanks to Childfund, Karuna Trust, U.K., DFID, and it's number of individual donors for their valuable support and enabling us to take up these various programs for the downtrodden people of Pune and Ahmednagar distric.

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